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Getting Started: An Introduction to Dynamic Psychotherapy

Joel Kotin

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Getting Started: An Introduction to Dynamic Psychotherapy

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Getting Started: An Introduction to Dynamic Psychotherapy Joel Kotin
Getting Started provides answers to questions that confront all beginning therapists, such as How do I start? What do I say? What if the client challenges me? What if the client is silent? How do I deal with fees? What about confidentiality? How should I end the sessions? It also answers those fundamental general concerns, like: how does psychotherapy work? How can I be helpful to my patients? Many books claim to be simply written and easy for an inexperienced therapist to understand. This one really is. It is user friendly and written with a minimum of jargon. Dr. Joel Kotin gives numerous examples of common situations and problems that therapists regularly encounter and hen tells the reader how to approach them. Dr. Kotin's tone is reassuring and supportive throughout.

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