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Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Pet Illustrations, Simple Flowers)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Sybil Moore:

Spent a free time and energy to be fun activity to do! A lot of people spent their down time with their family, or their own friends. Usually they performing activity like watching television, likely to beach, or picnic inside the park. They actually doing same task every week. Do you feel it? Will you something different to fill your own personal free time/ holiday? Could be reading a book may be option to fill your free of charge time/ holiday. The first thing you ask may be what kinds of e-book that you should read. If you want to test look for book, may be the guide untitled Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Pet Illustrations, Simple Flowers) can be good book to read. May be it might be best activity to you.

Frank Keating:

Reading can called imagination hangout, why? Because while you are reading a book especially book entitled Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Pet Illustrations, Simple Flowers) the mind will drift away trough every dimension, wandering in each aspect that maybe unfamiliar for but surely can become your mind friends. Imaging each and every word written in a reserve then become one form conclusion and explanation this maybe you never get previous to. The Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Pet Illustrations, Simple Flowers) giving you yet another experience more than blown away the mind but also giving you useful details for your better life in this era. So now let us present to you the relaxing pattern here is your body and mind will likely be pleased when you are finished examining it, like winning a sport. Do you want to try this extraordinary paying spare time activity?

Dennis Jenkins:

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