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Spirit Hunger Workbook: Filling Our Deep Longing to Connect with God

Gari Meacham

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In this six-session small group Bible study, Spirit Hunger, Gari Meacham peels back the layers of lesser loves we use to fill our true ‘hunger’ for a relationship with God.

It’s often tempting to stay safe with God. Do your prayers reflect the desire you have to communicate with God? Do you listen for God, or talk right over him? What would happen if you truly abandoned yourself to experience an adventure with God? Gari invites you to get gutsy with God. In *Spirit Hunger*, she journeys with you to the raw places of desiring God and discovering a faith-filled way of praying and believing the God we adore.

Spirit Hunger unwraps our heart’s desire to engage God, even when we cover that desire with lesser loves.

Meacham writes, “With the authenticity of my own life stories?marriage to a professional baseball player, struggles with severe food bondage, and a father who was a quadriplegic?I came to the crisp realization that my prayer life and the belief needed to match. *Spirit Hunger* provides a clear path towards matching these heart cries?leading away from crumbs and counterfeit, to a hungering for God.”

Relatable and relative, Gari addresses the following topics in Spirit Hunger:

- Longing and Numbing: Are these sighs of a hungry spirit?
- Believing: Is our prayer life really a worry life?
- Travailing and Shouldering: Do we understand how to pray with an intensity and intimacy?
- Questioning: What about the outcomes we can’t reason with or explain?

This workbook is designed for use with the *Spirit Hunger* DVD (sold separately). When used together, they provide users with practical tools that transform their faith.

Sessions include:
1. Hiding, Controlling, and Mocha Lattes
2. Engaging God: From Longing to Prayer
3. Whispers and Screams: How Do We Pray?
4. The Guts to Believe
5. Listening Postures
6. Who’s in Charge?

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From reader reviews:

William McNally:

Spent a free time and energy to be fun activity to complete! A lot of people spent their sparetime with their family, or their friends. Usually they accomplishing activity like watching television, planning to beach, or picnic inside the park. They actually doing same thing every week. Do you feel it? Do you wish to something different to fill your own free time/ holiday? May be reading a book is usually option to fill your free time/ holiday. The first thing you ask may be what kinds of publication that you should read. If you want to test look for book, may be the guide untitled Spirit Hunger Workbook: Filling Our Deep Longing to Connect with God can be good book to read. May be it may be best activity to you.

Karen Baskin:

Playing with family in a park, coming to see the ocean world or hanging out with pals is thing that usually you may have done when you have spare time, in that case why you don't try point that really opposite from that. One particular activity that make you not sense tired but still relaxing, trilling like on roller coaster you have been ride on and with addition details. Even you love Spirit Hunger Workbook: Filling Our Deep Longing to Connect with God, you are able to enjoy both. It is excellent combination right, you still desire to miss it? What kind of hang-out type is it? Oh can happen its mind hangout guys. What? Still don't buy it, oh come on its referred to as reading friends.

Martin Hobson:

Spirit Hunger Workbook: Filling Our Deep Longing to Connect with God can be one of your beginner books that are good idea. Most of us recommend that straight away because this reserve has good vocabulary that may increase your knowledge in terminology, easy to understand, bit entertaining but delivering the information. The copy writer giving his/her effort to set every word into pleasure arrangement in writing Spirit Hunger Workbook: Filling Our Deep Longing to Connect with God although doesn't forget the main place, giving the reader the hottest as well as based confirm resource details that maybe you can be certainly one of it. This great information could drawn you into fresh stage of crucial pondering.

Casey Reeves:

Your reading 6th sense will not betray a person, why because this Spirit Hunger Workbook: Filling Our Deep Longing to Connect with God e-book written by well-known writer whose to say well how to make book that could be understand by anyone who also read the book. Written within good manner for you, dripping every ideas and publishing skill only for eliminate your own hunger then you still hesitation Spirit Hunger Workbook: Filling Our Deep Longing to Connect with God as good book not merely by the cover but also from the content. This is one guide that can break don't evaluate book by its handle, so do you still needing one more sixth sense to pick this specific!? Oh come on your reading sixth sense already alerted you so why you have to listening to another sixth sense.

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