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Food for Thought: Vegetables, Herbs and Fruit: A Culinary Tour of the English Garden

Simon Courtauld

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Simon Courtauld, whose “Food for Thought” column has become such a success in *The Spectator* magazine, presents his first collection of food musings and garden gossip. Focusing primarily on vegetables and herbs, these witty observations and quirky illustrations will fascinate foodies and delight just about anyone who can’t resist a good story or delicious anecdote. Tantalizing tidbits include the dos and don’ts of roasting chestnuts over an open fire and reflections on whether apple sauce was invented thanks to pigs. Plus, Courtauld offers extremely practical tips on growing, cooking, and eating legumes, which makes this a must-have for any kitchen or greenhouse.

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