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Chanting Mantras with Deva Premal & Miten: A 21-Day Immersion in the Power of Sacred Sound

Deva Premal, Miten

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An Invitation to Experience the Power and Joy of Mantra Practice

Mantras, the sacred chants of India, offer us a way to illuminate our lives, heal, and open a space of peace and stillness within. On *Chanting Mantras with Deva Premal & Miten*, two luminaries of India's devotional music tradition invite us to awaken that energy with their first audio learning program.

Every day for 21 days, you'll learn a traditional mantra. Deva and Miten explore the meaning of each mantra and its unique properties, including detailed instruction on how to engage and work with them. Then they chant the mantra in an uplifting session for you to chant or listen to in participation. The mantras here include:

Om • Inner Peace • New Beginnings • I Am Love • Protection • From Darkness to Light • Liberation • Wholeness • Abundance • Inner Guru • Reverence • Perfecting Wisdom • Happiness • Buddha Nature • Healing • Medicine Buddha • Supreme Love Made Manifest • Compassion in Action • The Jewel in the Lotus • Tantra-Mantra • Enlightenment • and *Celebration* (concluding session)

Whether you're a fan of yoga, devotional singing, or the music of these two beloved voices, here is an ideal way to begin or enrich your own daily mantra practice. "Mantras provide a potent tool for bringing greater awareness and light into our lives, a space of centering, moment to moment."—Deva Premal & Miten

• Experience devotional chant for healing, heart-centered prayer, meditation, and celebration
• A timeless practice—simple to learn yet profoundly transformative
• For beginning and experienced practitioners alike
• Short and long session options to fit into your daily life
• Includes a complete booklet of the mantras with translations and helpful descriptions

Previously released as the downloadable audio program *21-Day Mantra Meditation Journey with Deva Premal & Miten.*
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