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# Why Don't They Just Quit? What families and friends need to know about addiction and recovery.

*Joe Herzanek, Narrated by Actor/Singer/Songwriter J.D. Hart*

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**Why Don't They Just Quit? What families and friends need to know about addiction and recovery.** Joe Herzanek, Narrated by Actor/Singer/Songwriter J.D. Hart
6 Hrs. 54 Min. on one Audio CD

**Real-life solutions to help you now!** Watching a loved one immersed in an intense battle with alcohol and drug abuse may be the most difficult, complex and harrowing experience you'll ever have. This audio book offers a message of hope to families and friends, giving practical solutions so they can help anyone struggling with addiction to begin the road to recovery.

To purchase the paperback book choose the $11.95 version under the listing,Paperback. Problems? Email: jherzanek@gmail.com

**You'll discover:**
-Why a person doesn't have to hit rock-bottom before getting help
-When helping is actually hurting
-Why quitting is not the same as recovering
-How to deal with a relapse
-How to receive 50 percent or more off the cost of treatment
-Why a parent would leave their child due to their addiction
-Why effective intervention doesn't have to be a surprise attack

**Answers to over 30 common, and not so common questions.**
**Inspiring first-hand recovery stories from real people!**

**Listening to Why Don't They Just Quit? vs. reading the book is perfect for:**
-Those who prefer to keep this book private
-Commuters who want to make the best use of their time
-Those who just don't like to read
-Multi-taskers who don't have extra time to sit down and read
-Family members who prefer to listen together

**Many of you listening to this book are facing the battle of your life.** Alcohol and drugs consumed my daughter's life. I can't put into words the anguish of attending my daughter's funeral. ***I wish I would have had this book long ago.*** Maybe Mia would still be here. I didn't know how to help her. This book is full of answers I could have used. --Pam M. (Mia's Mom), Niwot, Colorado

**This book is a must read** . . . ***I consider Why Don't They Just Quit? to be one of the top five recovery books for families.*** --Nicholas Taylor, Ph.D., Licensed Clinical Psychologist, National Expert on the Treatment of Methamphetamine Addiction

**As a Mother, I found this book to be full of empathy, tough-love and practical information.** *I especially appreciate that Joe included the spiritual part of recovery,* which other resources often avoid. Most

importantly, the underlying message that I learned was that anyone can recover. --Vicki Beatty, Celebrate Recovery Leader/Covenant Chapel, Leawood, Kansas

**This book will be valued by many, many people.** A very meaningful gift of God's grace to families who need sanity in the middle of their runaway insanity. --Mike Richards Jr., Director of Recovery Ministries/International Bible Society, Houston, Texas

**Your story has encouraged me and helped me to deal with my son's addictions and has given me great peace as a parent.** *I can put away the guilt and the shame, pick up my own pieces and move forward,* helping him to do the same. --Kathy Cowley, Parent, Longmont, Colorado

**New! Revised/Updated Edition** *(contains valuable new insights, resource info and first-person accounts from parents who have struggled and won!)*

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Spent a free a chance to be fun activity to do! A lot of people spent their spare time with their family, or their friends. Usually they performing activity like watching television, going to beach, or picnic within the park. They actually doing same task every week. Do you feel it? Do you need to something different to fill your own free time/ holiday? Can be reading a book is usually option to fill your cost-free time/ holiday. The first thing that you will ask may be what kinds of publication that you should read. If you want to test look for book, may be the publication untitled Why Don't They Just Quit? What families and friends need to know about addiction and recovery. can be very good book to read. May be it could be best activity to you.

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**Aurora Ammon:**

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