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Creole Flavors: Recipes for Marinades, Rubs, Sauces, and Spices

Kevin Graham

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In *Creole Flavors* award-winning chef Kevin Graham captures the vibrant tastes of southern Louisiana in 70 delicious recipes. In the simple, straightforward style that has become his trademark, Graham presents recipes for such Creole staples as Hot Pepper Sauce, Creole Mustard (a popular addition to Louisiana's Po' Boy Sandwich), and Creole Cocktail Sauce (about which Louisianans are very particular). In addition to condiments and sauces, the book includes Creole favorites like Jambalaya, Seafood Gumbo, Red Beans and Rice, Pickled Okra, Lavender Ice Cream, and Pralines.

With a nod to healthful eating, Graham offers a fatless variation on the traditional recipe for roux. He even includes a recipe for an old New Orleans love potion!

In *Creole Flavors*, Graham features both the sophisticated elements of Creole cooking, which can be attributed to the cuisine's French roots, as well as the more down-home and hearty Cajun influence. The result is a delicious selection of recipes that enables the home cook to prepare delicious Creole dishes easily and quickly.

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