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# The ADHD Book: Answers to Parents' Most Pressing Questions

*Beth Ann Hill, James Van Haren*

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**The ADHD Book: Answers to Parents' Most Pressing Questions** Beth Ann Hill, James Van Haren
Many experts say that, conservatively, well over six million children have attention deficit hyperactivity disorder. With the mounting pressure placed on parents to pursue a diagnosis and medicate hyperactive children, the urgency of life-changing decisions can weigh heavily on the whole family. Conflicting advice bombards parents from all sides-often leaving families more confused and anxious than before. **The AD/HD Book** seeks to quell fears and rationally addresses nearly one hundred common questions and concerns to help parents make sense of the information chaos.

Beth Ann Hill, herself a mother and educator of AD/HD children, clearly explains the basics of AD/HD and lays out its complexities. She logically takes parents from symptoms, diagnoses and tests, medication, a treatment strategy designed to combine medical treatment, and special parenting techniques to break through problem behaviors.

Whether readers browse through the question-and-answer format or read from start to finish, they will come to:

- understand the biological causes of AD/HD
- get the facts on prescription drugs
- cope with AD/HD's emotional impact on family and friends
- find comfort in real-life examples of challenges and their solutions

With the help of pediatric AD/HD specialist Dr. James Van Haren, Hill also develops unique strategies for teaching social and coping skills to children-and for having fun in the process. She includes worksheets, charts, daily planners, and more to help kids grow into adulthood with the tools to lead successful and productive lives.

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**Roosevelt Alday:**

The book The ADHD Book: Answers to Parents' Most Pressing Questions has a lot of information on it. So when you read this book you can get a lot of help. The book was published by the very famous author. Tom makes some research ahead of write this book. This book very easy to read you can get the point easily after perusing this book.

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