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Seriously Good Gluten-Free Cooking: In Association with Coeliac UK

Harry Hill

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Phil Vickery believes that he can revolutionise the notoriously restrictive gluten-free diet. Using his Michelin-starred cooking talents and his nurturing of simple, honest ingredients, Phil has created over 150 recipes that coeliacs have until now only dreamed of. Food to enjoy, food that is nutritious, food that will make you feel good. There are recipes for breakfasts, healthy snacks, light lunches, easy suppers and sophisticated dinners, including Crispy Pork Salad with Lemon Dressing and a Lemon and Leek Risotto. Phil also brings his skills to cakes, puddings and pastries - recipes that are the hardest of all to find if you are following a gluten-free diet. The 30 sweet ideas include a Fudgy Almond Cake with Mint Syrup & Frosting, Millionaire's Shortbread with Bramley Apple Dip and a great kids' Birthday Cake Sponge. There are also a number of delicious bread ideas, including Chestnut & Roasted Onion Bread.

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