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Improvisational Therapy: A Practical Guide for Creative Clinical Strategies

Bradford P. Keeney PhD

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Improvisational Therapy: A Practical Guide for Creative Clinical Strategies Bradford P. Keeney PhD In this unusual volume, Bradford Keeney depicts psychotherapy as a performing art. Emphasizing the advantages of improvising one's own therapeutic style, he presents a host of tried-and-true strategic interventions, a short course on brief intervention design, a way of "scoring' conversations with clients much like one would score music, a collection of therapeutic moves, and chapters on creating one's own clinical design. As such, IMPROVISATIONAL THERAPY is a book that will be valued by all who do clinical work.

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