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Chow Maine: The Best Restaurants, Cafes, Lobster Shacks & Markets On The Coast

Nancy English

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Chow Maine: The Best Restaurants, Cafes, Lobster Shacks & Markets On The Coast

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Chow Maine: The Best Restaurants, Cafes, Lobster Shacks & Markets On The Coast Nancy English Ranging from Kittery Point to the Canadian border, this savvy all-new guide to the diverse food finds along the Maine coast covers everything from high-end restaurants to small cafes and clam shacks with an ocean view. Sit and enjoy a microbrew at an outdoor cafe in Portland's vibrant and diverse Old Port; relish a hot cup of New England clam chowder with authentic Pilot Crackers--just like the natives do, dig into a bowl of steamed mussels as you watch the boats come into dock. The author also reveals the many interesting and delicious food sources that the rocky coast has to offer, from lobster pounds to farmer's markets and greengrocers, so that even those looking to cook for themselves--from a traditional lobster bake cooked under fresh seaweed to a delightful vegetarian spread for friends--will be able to find the best of the best along the many miles of winding shores and hidden coves. Find the freshest blueberries, apples, and greens. Discover the most lively and cost-saving fish markets right on the docks and piers. Learn when to find fiddleheads and softshell lobsters (known as shedders to locals) in season.

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