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Hot (broke) Messes: How to Have Your Latte and Drink It Too

Nancy Trejos

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31-year-old Nancy Trejos was supposed to be an expert on handling her money - after all, she's the personal finance columnist for one of the nation's leading newspapers, *The Washington Post*. But a few months ago, she found herself in her own dire financial straits. Faced with a mountain of bills, debt, and no way to pay her rent, she was forced to call her parents to ask them for a loan. That night was a wake-up call - she vowed to get herself out of debt and into financial solvency.

In *Hot Broke Messes*, Trejos takes readers along with her on her journey. She meets with a financial planner and a therapist to deal with all the issues young people face today - from credit card debt and student loans, to impulse buying and emotional spending, to the cost of having a social life, to buying a house with someone during a potentially impermanent relationship and more. Trejos learns what causes these problems in herself, how she can fix them, and how she can pass that advice on to other young people going through the same experiences.

Even better, she shows readers how they can address these problems without completely giving up their lives - no "give up your latte a day" type advice here! Trejos' personal and unique voice, along with her experiences that everyone can relate to, will lead readers to relatively painless financial security.

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