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The Catholic Mom's Prayer Companion: A Book of Daily Reflections (Catholicmom.com Book)

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Are you a Catholic mom who prays for the wisdom and patience to get through each day? Do you pray for your children, husband, family and friends, and sometimes even yourself? *The Catholic Mom's Prayer Companion* offers a new, daily resource to make the most of those few, precious minutes you have to pause and reflect.

For more than fifteen years, the award-winning *CatholicMom.com* website has been a trusted source for sound, practical, and spiritual guidance. In their new book, authors Lisa M. Hendey and Sarah A. Reinhard bring together more than eighty moms, dads, and trusted spiritual companions to provide fresh, uplifting meditations for every day of the year. You'll find encouragement when you're struggling, reassurance when you feel alone, and comfort when you're distracted by worry.

Created by moms for moms, these hope-filled meditations touch on the issues and concerns you face as you try to get through the day with a sense of God's presence in your life. Whether you are a new or seasoned mom working in or outside of your home, this inspiring collection of reflections for every day of the year will help you

- stay in touch with the seasons of the Church year:
- remember Mary's loving presence on her feast days:
- keep company with both new and familiar saints:
- see the spiritual meaning of secular holidays: and
- make you smile with occasions such as Houseplant Appreciation Day and National Popcorn Day.

Each day begins with a brief quotation from scripture, saints, recent popes, or important spiritual writers. A personal reflection--written by contributors including Danielle Bean, Donna-Marie Cooper O'Boyle, Lisa Mladinich, Elizabeth Scalia, Carolyn Woo, Mark Hart, and Jeff Young--focuses on some dimension of your spiritual, emotional, intellectual, or physical life. Each day also includes a brief prayer and a question or thought to ponder throughout the day.

In just a few minutes of quiet you'll find the boost you need from a friendly voice. Each month also has a special theme such as love, family fun, and slowing down. Start these reflections any time throughout the year and feel your days become more grace-filled and inspired.

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