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No Grain, No Gain Sandwich Recipes: 30 Premium Breadless Gluten-Free and Paleo Sandwiches and Wraps Recipe Cookbook

Diana Welkins

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Whether you are gluten-free, Paleo, or just simply dislike bread these are the best sandwiches for you! It's time that we show you how to put a new twist on the traditional, carb-loaded sandwich. These wheat-less, wholesome, and oh-so delicious recipes give you 30 ways to eat your favorite sandwiches on something other than white or whole wheat bread. Consuming too much bread will cause you to add carbs. However, these delightful sandwich recipes have all kinds of crafty ways to make satisfying sandwiches without the use of traditional bread. Whether you're your just looking for something new or low-carb, gluten-free, or Paleo, we've got the best non-bread sandwiches for your taste buds. It is time that you treat yourself to a satisfying bite without feeling guilty or deprived of regular bread. Not to mention, you can mix-and-match bread alternatives with all of the recipes included in this book. The possibilities are endless!

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