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Breaking Free of Addictive Family Relationships (Healing Your Own Inner Child)

Barry K. Weinhold

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Breaking Free of Addictive Family Relationships (Healing Your Own Inner Child) Barry K. Weinhold A developmental psychologist and education professor at the University of Colorado defines the problem of addictive family patterns and offers practical solutions and encouraging advice for meeting life's challenges. By the author of Breaking Free of the Co-Dependency Trap.

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