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Warning: Psychiatry Can Be Hazardous to Your Mental Health

William, M.D. Glasser

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As expose on how psychopharmacology has usurped the role of psychotherapy in our society, to the great detriment of the patients involved.

In *Warning: Psychiatry Can Be Hazardous to Your Mental Health*, William Glasser describes the sea change that has taken place in the treatment of mental health in the last decade. Millions of patients are now routinely prescribed a wide range of drugs including Ritalin, Prosac, Zoloft and related drugs which can be harmful to the brain. A previous generation of patients would have been treated with a course of psychotherapy without brain–damaging chemicals. Glasser explains the wide implications of this radical change in treatment and what can be done to counter it.

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