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My Big Fat Greek Feast

George Kyrtatas

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My Big Fat Greek Feast George Kyrtatas
Greek cuisine is as warm, friendly, and inviting as the country from which it hails. With a history dating back 4,000 years, the Greek culinary experience is based on fresh, sun-kissed ingredients; an appreciation of the bounty of land and sea; and a unique philosophy of eating and sharing meals.

With an intense appreciation of rich Mediterranean flavors and the tradition of Greek culinary excellence, Chef George Kyrtatas gives old-world recipes a new-world twist in My Big Fat Greek Feast. Emphasizing seasonal ingredients and simple preparations, George’s recipes draw from family experiences and his own creative ideas.

Recipes in MY BIG FAT GREEK FEAST are titled in English with the Greek name of specific dishes listed when possible. Lush full color photographs capture the glory of Greek cuisine. Throughout, George provides cooking tips and family stories. Sidebars on almost every page — entitled "Big Fat Greek Facts"— explain the origin and history of Greek foods and dishes.

From flavor-charged first courses, dips, and salads to simple skillet dishes and tempting desserts, these recipes burst with the bold tastes and warmth of a Greek family table and offer a fresh perspective on an ancient cuisine.

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The ability that you get from My Big Fat Greek Feast is the more deep you searching the information that hide into the words the more you get thinking about reading it. It doesn't mean that this book is hard to know but My Big Fat Greek Feast giving you enjoyment feeling of reading. The writer conveys their point in particular way that can be understood by anyone who read that because the author of this guide is well-known enough. This book also makes your personal vocabulary increase well. So it is easy to understand then can go together with you, both in printed or e-book style are available. We recommend you for having this My Big Fat Greek Feast instantly.

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