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# Travel Medicine

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With people travelling to a greater variety of countries for business and pleasure, a sound basic knowledge of travel medicine is essential for family physicians and practice nurses. Inadequate preventative measures or delay in recognition and treatment can often lead to serious consequences. This text has been written by two experts in the field and provides comprehensive coverage of all aspects of the health problems that may be incurred during travel abroad. Contents: Pre-travel health assessment; Geographical distribution of health hazards; Individuals with special considerations; Motion sickness and jet lag; Vaccines; Malaria; Other mosquito-transmitted diseases; Food- and water-borne illnesses; Other parasitic diseases; Diseases transmitted by ticks, lice, mites and fleas; Miscellaneous infectious diseases; Environmental and climatic factors; Returned travellers.

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