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Learning to Fly: A Memoir of Hanging On and Letting Go

Steph Davis

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WITH A NEW EPILOGUE BY THE AUTHOR
World-class free climber Steph Davis delivers a thrilling and infectiously interesting (*San Francisco Book Review*) memoir about rediscovering herself through love, loss, and the joy of letting go. The paperback includes a new epilogue in which Davis shares how her husband s tragic accident has affected her relationship to climbing and flying.
Steph Davis is a superstar in the climbing community and has ascended some of the world s most awe-inspiring peaks, but when her husband makes a controversial climb in a national park, the media fallout and the toll it takes on her marriage suddenly leaves her without a partner, a career, a source of income... or a purpose.
In the company of only her beloved dog, Fletch, Davis sets off on a search for a new identity and discovers skydiving. Falling out of an airplane is completely antithetical to the climber's control she'd practiced for so long, but she perseveres, turning each daring jump into an opportunity to fly, first as a skydiver, then as a base jumper. As she opens herself to falling, she also finds the strength to open herself to love again, even in the wake of heartbreak. And before too long, she meets someone who shares her passion for living life to the limit.
With gorgeous black-and-white photos throughout, ***Learning to Fly*** is Davis s fascinating account of her transformation. From her early tentative skydives, to zipping-up her first wingsuit, to surviving devastating accidents against the background of breathtaking cliffs, to soaring beyond her past limits, she discovers new hope and joy in letting go.

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