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Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Sea Life Illustrations, Abstract Trees)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Christopher Kennedy:

Spent a free time to be fun activity to try and do! A lot of people spent their down time with their family, or their friends. Usually they doing activity like watching television, planning to beach, or picnic inside park. They actually doing ditto every week. Do you feel it? Do you wish to something different to fill your current free time/ holiday? Could possibly be reading a book might be option to fill your free of charge time/ holiday. The first thing you ask may be what kinds of guide that you should read. If you want to try look for book, may be the publication untitled Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Sea Life Illustrations, Abstract Trees) can be fine book to read. May be it is usually best activity to you.

Jennifer Garrison:

A lot of people always spent their very own free time to vacation or go to the outside with them loved ones or their friend. Do you realize? Many a lot of people spent these people free time just watching TV, or maybe playing video games all day long. If you wish to try to find a new activity here is look different you can read some sort of book. It is really fun for you personally. If you enjoy the book which you read you can spent the entire day to reading a book. The book Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Sea Life Illustrations, Abstract Trees) it is rather good to read. There are a lot of folks that recommended this book. These people were enjoying reading this book. Should you did not have enough space bringing this book you can buy the actual e-book. You can m0ore quickly to read this book out of your smart phone. The price is not too costly but this book features high quality.

Joy Hutchinson:

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