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The YOU Plan: A Christian Woman's Guide for a Happy, Healthy Life After Divorce

Connie Wetzell, Michelle Borquez

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You never thought divorce would happen to you. But it did. You may feel traumatized, relieved, hopeful, afraid, or all of the above. What choices will help you heal? How can you minimize the trauma for your kids? When is too soon to date…and what about sex? How can you learn from your mistakes instead of repeating them? And where is God in all of this?

Michelle and Connie have been where you are. They're Christian women who are a little ahead of you on the journey. Michelle was divorced seven years and now is happily remarried. Connie is ten years into the journey and at peace with being single. They've each made good choices and their fair share of mistakes. In this book they rally their collective experience to help you navigate some of the twists and turns of the post-divorce journey, avoid pitfalls, and emerge stronger and more confident.

This is not one of those authoritative, "do as we say" tomes. It's a woman-to-woman, been-there-done-that, faithful, and hopeful approach to such topics as acceptance, forgiveness, loneliness, online dating (or "CON-line dating"), sex, money, respect, finding friends, and caring for your physical, financial, and spiritual health. Most of all, it's a powerful reassurance that no matter what has happened or what may happen next, God still has good plans for you. You *will* live and laugh and love again. This book can help you do it.

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